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# Ultra-low noise supercontinuum source for ultra-high resolution optical coherence tomography at 1300 nm

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## 1. ABSTRACT

Supercontinuum (SC) sources are of great interest for many applications due to their ultra-broad optical bandwidth, good beam quality and high power spectral density [1]. In particular, the high average power over large bandwidths makes SC light sources excellent candidates for ultra-high resolution optical coherence tomography (UHR-OCT) [2-5]. However, conventional SC sources suffer from high pulse-to-pulse intensity fluctuations as a result of the noise-sensitive nonlinear effects involved in the SC generation process [6-9]. This intensity noise from the SC source can limit the performance of OCT, resulting in a reduced signal-to-noise ratio (SNR) [10-12]. Much work has been done to reduce the noise of the SC sources for instance with fiber tapers [7,8] or increasing the repetition rate of the pump laser for averaging in the spectrometer [10,12]. An alternative approach is to use all-normal dispersion (ANDi) fibers [13,14] to generate SC light from well-known coherent nonlinear processes [15-17]. In fact, reduction of SC noise using ANDi fibers compared to anomalous dispersion SC pumped by sub-picosecond pulses has been recently demonstrated [18], but a cladding mode was used to stabilize the ANDi SC.

In this work, we characterize the noise performance of a femtosecond pumped ANDi based SC and a commercial SC source in an UHR-OCT system at 1300 nm. We show that the ANDi based SC presents exceptional noise properties compared to a commercial source. An improvement of ~5 dB in SNR is measured in the UHR-OCT system, and the noise behavior resembles that of a superluminescent diode. This preliminary study is a step forward towards development of an ultra-low noise SC source at 1300 nm for ultra-high resolution OCT.

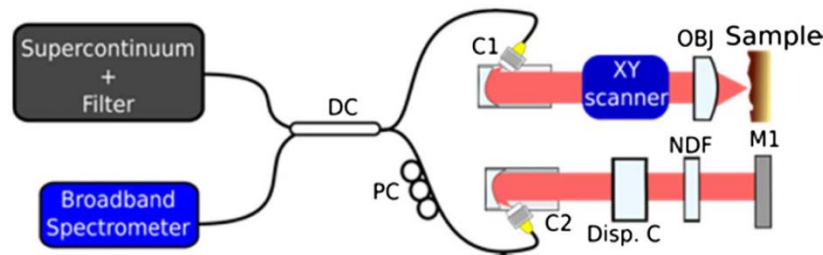
## 2. OPTICAL COHERENCE TOMOGRAPHY SETUP AND SUPERCONTINUUM SOURCES

The ultra-high resolution optical coherence tomography (UHR-OCT) system used, shown in Fig. 1, is a Michelson interferometer consisting of sample and reference arms. The broadband light from the supercontinuum (SC) laser source is split with a 50/50 directional coupler (DC) into both arms and the interference is recorded by a broadband (1070-1470 nm) spectrometer (Wasatch Photonics - Cobra 1300). The spectrometer operates at maximum line-rate of 76 KHz and with 2048 pixels. The sample arm consists of a reflective collimator (C1) to collimate the light from the fiber, a XY scanner and a scanning lens. The scanning lens produces a spot size of 11  $\mu\text{m}$ . In the reference arm, the light is collimated by another reflective collimator (C2) and passed through a dispersion compensation block (Disp. C), and a neutral density filter to control the optical power. The data acquired and the processing is done using a home-designed LabVIEW interface and Matlab algorithm.

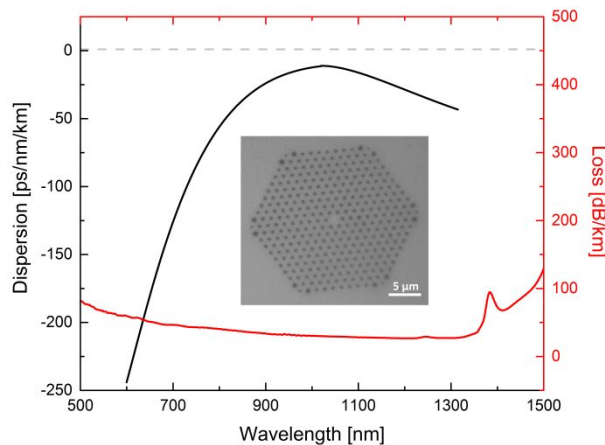
In this study, the noise performance of two different SC sources in an UHR-OCT system, as the one presented in Fig. 1, is investigated. Supercontinuum laser sources are excellent light sources for achieving ultra-high resolution, however, the noise of these sources is a limiting factor for OCT. The commercial SC sources are based on pumping a photonic crystal fiber (PCF) in the anomalous dispersion region, close to the zero-dispersion wavelength (ZDW), with high-power picosecond/nanosecond pulses. In this way, the SC is generated by modulation instability (MI) and soliton collisions, which are noise sensitive nonlinear processes [1,7-9]. By pumping with long pulses in the anomalous dispersion region, the SC is initiated by MI, resulting in noise amplification in the form of sidebands around the pump in the frequency

domain. In the time domain, MI breaks up the pulse into solitons. After this first stage, solitons collide and are shifted toward shorter frequencies due to Stimulated Raman Scattering (SRS), and dispersive waves generate the low frequency part of the SC spectrum [1]. Due to the nonlinear phenomena involved in the SC generation, commercial sources suffer from pulse-to-pulse intensity fluctuations leading to excess noise in the OCT or relative intensity noise (RIN). The RIN from the SC sources reduces the signal-to-noise ratio (SNR) of the OCT system [2, 10-12]. A solution to reduce the RIN in the OCT system is to increase the repetition rate of the SC laser to average over more pulses or in the same way, increase the exposure time of the spectrometer [10,12]. However, longer exposure times will lead to a slower acquisition, which can be a limitation if for instance, 3D images are required. An alternative approach to the commercial sources is to use all-normal dispersion (ANDi) fibers as the one shown in Fig. 2. By engineering the PCF (pitch and hole-to-hole distance), the dispersion can be normal over all the wavelengths of interest [13,14]. Consequently, MI and solitons are avoided because of the pumping in the normal dispersion region [1,15]. The SC generated by pumping an ANDi fiber with femtosecond pulses is initiated by self-phase modulation (SPM) and then followed by creation of new frequencies via optical wave breaking (OWB). Both processes are known to be coherent [15-18] and do not involve noise amplification.

We present here the SC sources used in the noise study: a commercial SC source (SuperK Extreme-NKT Photonics A/S operating at a repetition rate of 320 MHz) and femtosecond pumped ANDi based SC. The first source is a well-known commercial SC source, which has been used in other studies of noise in OCT [10-12]. The pump laser is a picosecond mode-locked laser with kW peak power and 1064 nm center wavelength, running at 320 MHz. This source belongs to the MI and solitons based type of SC explained above. The SC spectrum, measured with the spectrometer, is shown in Fig. 3a (red). The second SC source was built in our laboratory and has the following specifications: the pump laser is a femtosecond laser from Fianium (FemtoPower FP1060-fs) at 1064 nm with pulse width (full width at half maximum) of ~165 fs, maximum average power of 5 W and 80 MHz repetition rate. The femtosecond pulses from this laser are coupled into ~0.4 m long commercially available ANDi fiber (NL-1050-NEG-1) and the resulting SC spectrum, measured with the spectrometer, is shown in Fig. 3a (blue). The noise properties of both SC sources are compared in the next section.



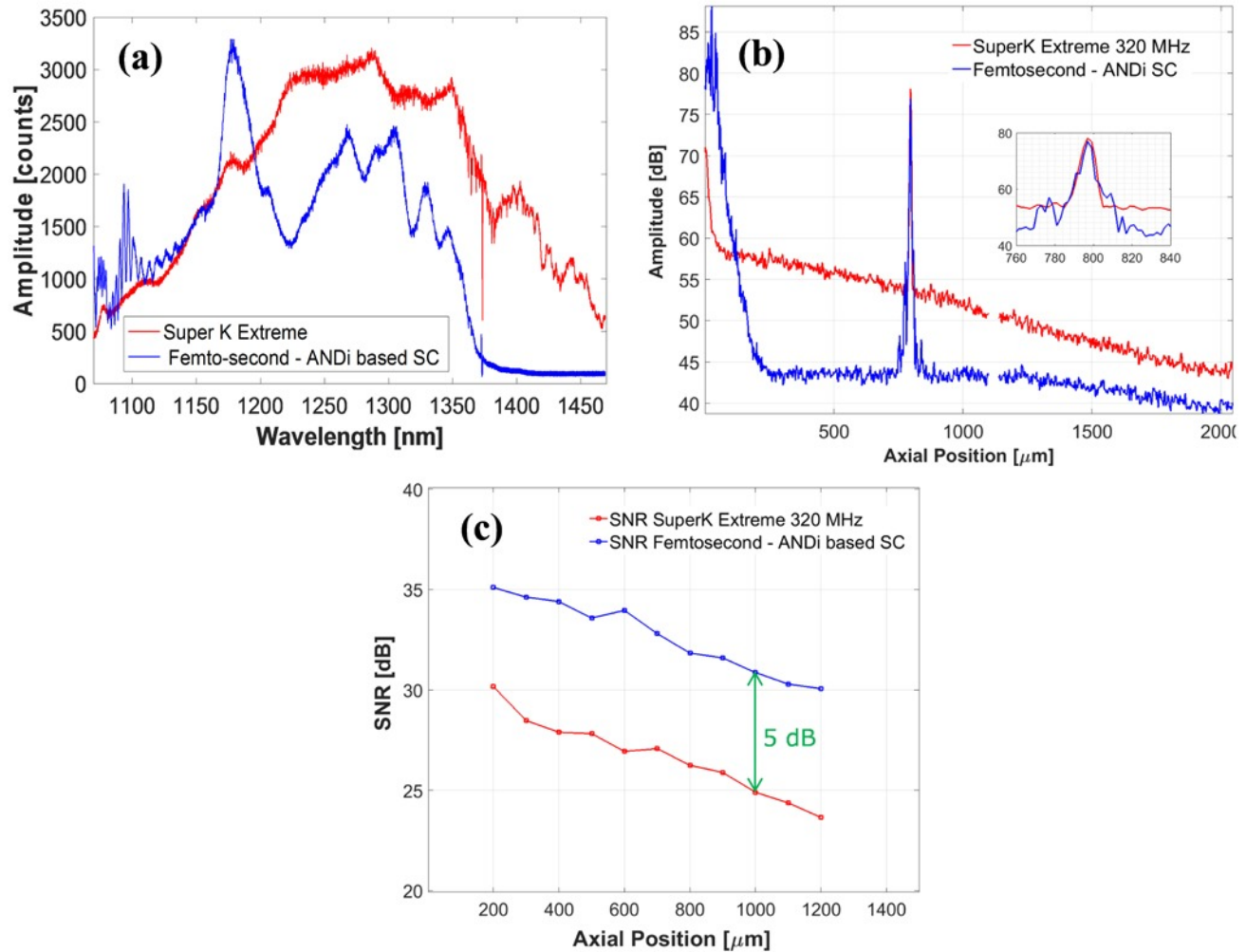
**Figure 1.** Sketch of the optical coherence tomography setup used in this study. DC-Directional coupler; PC-Polarization controller; C1 and C2-Reflective collimator; Disp. C-Dispersion compensation block; NDF-Neutral density filter; M1-Mirror; OBJ-Scan lens.



**Figure 2.** Measured dispersion profile (black) and loss (red) of the ANDi fiber (NL-1050-NEG-1) used to generate ANDi based SC with the femtosecond laser. The inset shows a microscope image of the cross section of the fiber.

### 3. NOISE COMPARISON

Figure 3a shows the SC spectra of both sources measured with the spectrometer, by closing the sample arm of the UHR-OCT system (Fig. 1). The commercial SC source spans over the entire spectral range of the spectrometer (actually extends from 0.6 to 2  $\mu\text{m}$ , but the SC was filtered), however the ANDi based SC only extends to 1370 nm in the long wavelength side. The extension of the ANDi SC was limited by the maximum average power coupled into the fiber before fiber damage. Furthermore, the ANDi SC spectrum shows some oscillations below 1120 nm, not seen in the commercial source, which are attributed to SPM.



**Figure 3.** (a) SC spectra of SuperK Extreme 320 MHz (red) and femtosecond ANDi based SC (blue) measured with the spectrometer. (b) A-scans at 800  $\mu\text{m}$  axial position for SuperK Extreme 320 MHz (red) and femtosecond ANDi based SC (blue). The inset in (b) corresponds to the zoom in on the peak amplitudes. (c) Signal-to-noise ratio comparison calculated from A-scans at different axial positions [200-1200]  $\mu\text{m}$ .

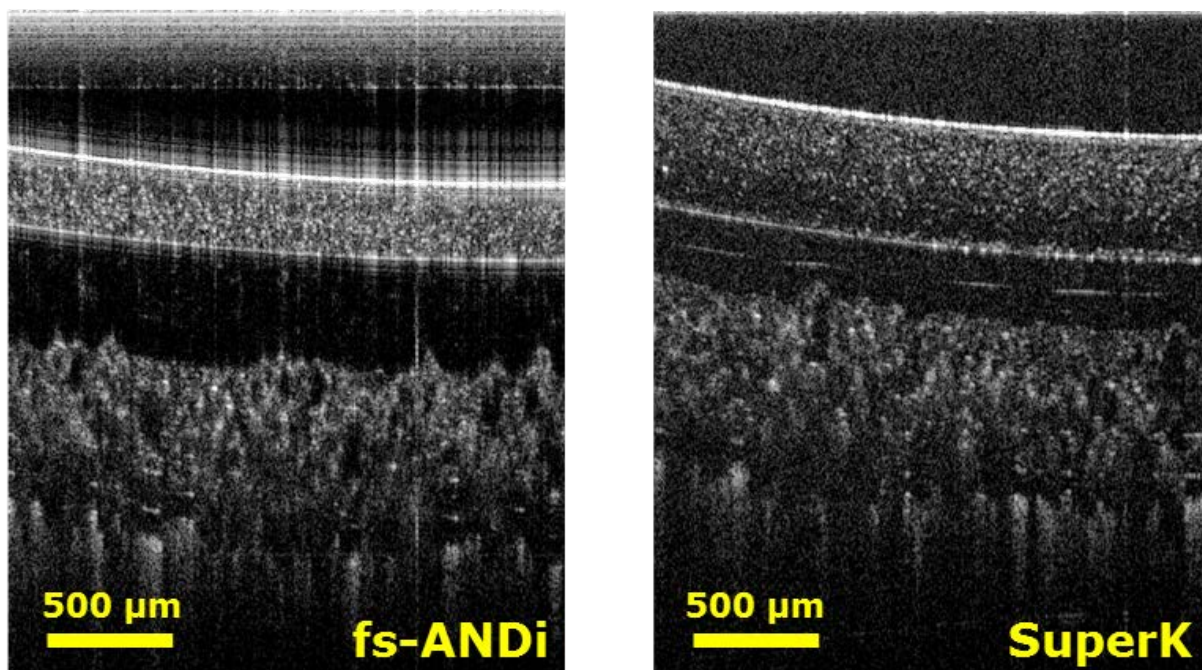
Noise measurements in the OCT systems are carried out for both sources using the following method: a perfectly reflecting sample (flat mirror) is placed in the sample arm and after post-processing of the interference signal, an A-scan, as the one given in Fig. 3b, is obtained. This is done for axial positions (moving the reference mirror mounted on a micrometer stage) in the range from 200  $\mu\text{m}$  to 1200  $\mu\text{m}$ , and keeping approximately the same peak amplitude in the A-scan for both sources. The A-scans at 800  $\mu\text{m}$  axial position using the commercial source (red) and the ANDi based SC (blue) are shown in Fig. 3b. For the commercial SC source, the noise floor in the A-scan increases toward smaller axial positions, as shown before in other studies [10,12]. Contrary to the commercial SC source, the ANDi based SC shows a rather flat noise floor, which is below the noise floor of the commercial source except for axial positions smaller than



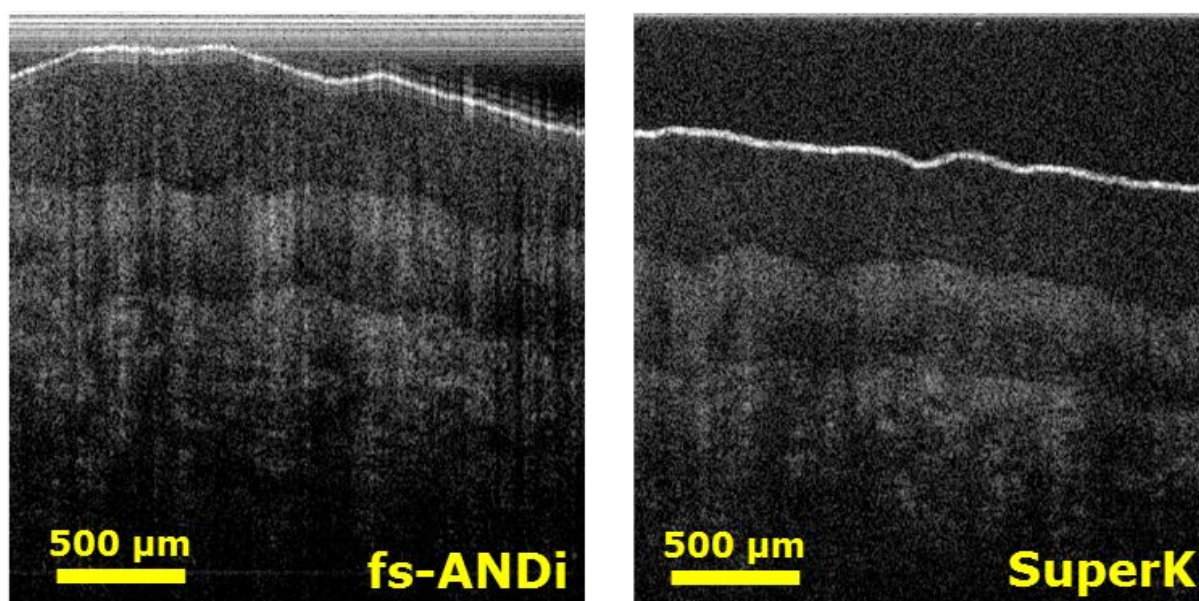
100  $\mu\text{m}$ . For instance, the noise floor is more than 10 dB lower at 500  $\mu\text{m}$  axial position for the ANDi based SC. The noise floor curve resembles that of a superluminescent diode [10]. This means that the noise of the ANDi based SC source is minimum and thus drastically reduced compared to the commercial source. Only for axial positions smaller than around 250  $\mu\text{m}$ , the noise floor of the ANDi based SC starts to increase rapidly to get higher than the one of the commercial source at axial positions below 100  $\mu\text{m}$ . In order to obtain the SNR, the maximum peak of the reflection (kept approximately at the same amplitude level for both sources) and the root mean square (RMS) of the noise floor are retrieved from the A-scans. The SNR, calculated as the ratio of the maximum peak to the RMS of the noise floor, shows around 5 dB improvement for the ANDi based SC compared to the commercial source. The SNR improvement is around 5 dB for all axial positions because the RMS of the noise floor is calculated for both sources at the deepest axial position.

Another factor to consider in the noise study is the repetition rate of the SC sources. For a fair comparison, the repetition rate of both sources should be the same since averaging of the pulses on the spectrometer has an impact on the noise floor of the A-scans, the more the average the lower the noise floor. However, no other sources were available at the moment of the experiment. In our case, the averaging (for the same exposure time, 20  $\mu\text{s}$ , in the camera) is higher for the commercial SC source (320 MHz), whose repetition rate is 4 times higher than the ANDi based SC source (80 MHz). Consequently, the difference in SNR could be higher when comparing sources with the same repetition rate.

Figures 4 and 5 show measured B-scans of an IR card and the skin of a healthy volunteer, respectively. The optical power on the sample was around 2 mW for both sources. The images obtained with the ANDi based SC show a darker background than the images of the commercial source, as expected from the noise measurements above, and thus better contrast. However, images measured using the ANDi based SC source show a white signal in the upper part of the image due to the increase of the noise floor seen in the A-scans. This unwanted signal could be due to the SPM oscillations in the spectrum (Fig. 3a), which create interference at small axial positions and thus at the top of the B-scan.



**Figure 4.** B-scans (1 mm x 2.4 mm) of an IR card for fs-ANDi SC (left) and SuperK Extreme (right) using 2 mW optical power on the sample. To acquire the images, the exposure time is set to 20  $\mu\text{s}$  corresponding to 40 KHz line-rate of the camera.



**Figure 5.** B-scans (1 mm x 2.4 mm) of a healthy volunteer's palm skin for fs-ANDi SC (left) and SuperK Extreme (right) using 2 mW optical power on the sample. To acquire the images, the exposure time is set to 20  $\mu$ s corresponding to 40 KHz line-rate of the camera.

#### 4. CONCLUSIONS

In conclusion, we have investigated the noise performance of two SC light sources in an UHR-OCT system at 1300 nm. One of the SC sources is a commercial SC source recommended for OCT (SuperK Extreme 320 MHz from NKT Photonics A/S), and the other SC source was built using a commercially available femtosecond laser source and a standard ANDi fiber. We demonstrate an improvement of around 5 dB in SNR by using the femtosecond pumped ANDi based SC over the commercial SC source. The ANDi based SC source exhibits not only broadband optical bandwidth suitable for UHR-OCT but also offers excellent noise properties comparable to that of superluminescent diodes. Only at smaller axial positions than 100  $\mu$ m the noise of the ANDi based SC sources is higher than the one of the commercial source. The SNR improvement of ANDi based SC is also noticed in the images of IR card and skin, which have darker background and thus better contrast.

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